

# Tim Noakes

**S2A3  
Southern Africa  
Association for the  
Advancement of  
Science**

**Presents  
Prof. T.D. Noakes  
with the 2014  
South Africa  
GOLD Medal**

**4 March 2015  
18:30  
Sanlam Auditorium,  
University of Pretoria**

**For directions visit  
[http://s2a3.org.za/  
sanlamaudit.php](http://s2a3.org.za/sanlamaudit.php)**

**RSVP by 1 March 2015  
[rsvp@s2a3.org.za](mailto:rsvp@s2a3.org.za)**

**Light refreshments will  
be served afterwards**



**Reversing the greatest blunder in the history of  
medicine: Can South African medical science lead the  
way?**

Timothy D. Noakes is an A-rated professor of exercise and sports science at the University of Cape Town. He has written several books detailing his research in sports science and nutrition including but not limited to: *Lore of Running*, *Running Injuries: How to Prevent and Overcome Them*, *Bob Woolmer's Art and Science of Cricket*, *Waterlogged* & *The Real Meal Revolution*. He has published over 370 research articles, and has mentored and supervised over 45 MSc. and 28 PhD. students.

